

Woodward Resource Center



Purpose

Woodward Resource Center (WRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities and it serves to prepare and support them to live safe and successful lives in the home and community of their choice.

Who Is Helped

Individuals who live at WRC have an intellectual or other developmental disability that require treatment and support services at level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY15, six individuals were admitted and ten were discharged. At the end of SFY15, 153 individuals resided at WRC. Of these, 147 (96 percent) are voluntary and six (4 percent) are involuntarily committed by courts.

- Three are children 17 or younger.
- 130 are adults 18 to 64.
- 20 are adults 65 or older.

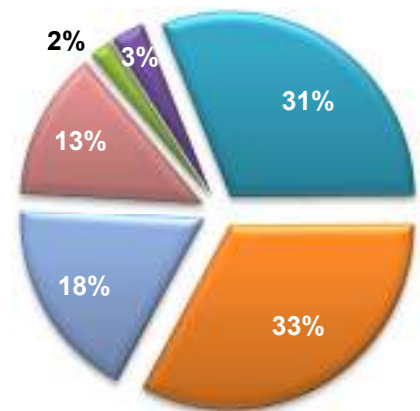
Of these individuals:

- 90 percent have a dual diagnosis of mental illness and intellectual disability.
- 61 percent have a life-threatening eating and chewing disorder (dysphagia) that makes it difficult to take in enough food and fluids.
- 50 percent are at high risk for sustaining injuries due to challenging behaviors.
- 35 percent have a seizure disorder.
- 18 percent are at high risk of food or liquid entering the airway and can get into the lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties, including sexual offending.

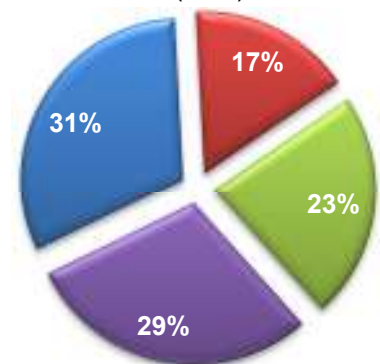
WRC Individuals Served by Age at SFY15 Year-End

- 0-5 (0%) ■ 6-12 (0%) ■ 13-17 (2%)
- 18-21 (3%) ■ 22-34 (31%) ■ 35-54 (33%)
- 55-64 (18%) ■ 65+ (13%)

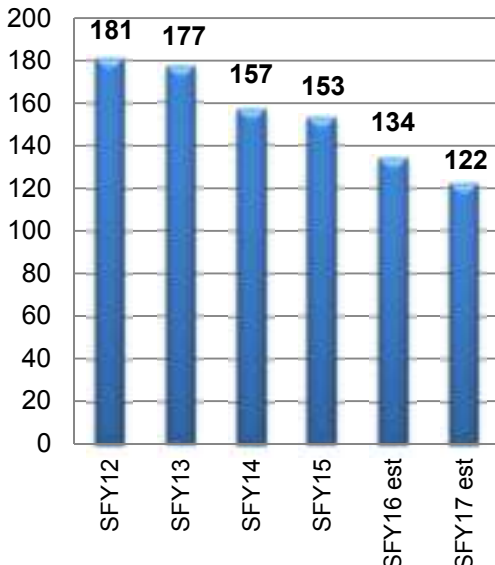


Intellectual Functioning Level at SFY15 Year-End

- Profound - IQ below 20 (31%)
- Severe - 20 to 34 (17%)
- Moderate - 35 to 49 (23%)
- Mild - 50 to 69 (29%)



- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs and if the Resource Center has the appropriate program and adequate capacity for the admission.*

Services	<p>WRC maintains federal Medicaid certification as an Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/ID)</p> <ul style="list-style-type: none">WRC provides active treatment and support services for individuals with intellectual disabilities.WRC actively prepares individuals to move into appropriate community-based living and to be contributing members of their community. <p>WRC Home & Community-Based Services (HCBS)</p> <ul style="list-style-type: none">WRC is also a Medicaid-funded Home and Community Based Services provider.In SFY15, WRC provided daily HCBS non-residential supported community services to 40 individuals at 12 locations throughout central Iowa. <p>Iowa Technical Assistance and Behavioral Supports (I-TABS)</p> <ul style="list-style-type: none">Funded by the Iowa Medicaid Enterprise, WRC's I-TABS provides specialized training and programmatic technical assistance to Medicaid provider agencies and others. I-TABS builds community capacity to appropriately meet the serious behavioral needs of individuals with disabilities to avoid or reduce more restrictive facility placement.	<p>WRC ICF/ID Year-End Census</p>  <table><tr><th>SFY</th><th>Census</th></tr><tr><td>SFY12</td><td>181</td></tr><tr><td>SFY13</td><td>177</td></tr><tr><td>SFY14</td><td>157</td></tr><tr><td>SFY15</td><td>153</td></tr><tr><td>SFY16 est</td><td>134</td></tr><tr><td>SFY17 est</td><td>122</td></tr></table>	SFY	Census	SFY12	181	SFY13	177	SFY14	157	SFY15	153	SFY16 est	134	SFY17 est	122
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	<ul style="list-style-type: none">✓ 65 percent (391 FTEs) of the staff are direct care, 12 percent (71.6 FTEs) are treatment professionals, 6 percent (39 FTEs) are maintenance, 8 percent (46.9 FTEs) are other support staff, and 9 percent (52.2 FTEs) are administrative.✓ In SFY16, 84 percent of the Woodward Resource Center operating budget is for staffing costs and 16 percent is for support costs.✓ WRC has 153 operational beds and is the second largest ICF/ID in the state.✓ Two tenants lease space and operate programs on the WRC campus.✓ WRC maintains 92 buildings on 1,144.4 total acreage (460.8 acres managed by WRC and 683.6 acres managed by Iowa Prison Industries as rented farmland.)															
Goals & Strategies	<p>Goal: Promote choice for persons with disabilities.</p> <p>Strategy:</p> <ul style="list-style-type: none">Promote access to community-based options for persons with disabilities.Prepare and support individuals discharged from WRC to remain in the community.	<p>Results in SFY15</p> <ul style="list-style-type: none">WRC had a net decrease in population of 4. In the past five years, WRC reduced its population by 25 percent.80 percent of WRC individuals earned work wages through employment.100 percent of WRC discharged individuals remained in the community at least 180 days after discharge.														

Legal Basis

Federal:

- Code of Federal Regulations, CFR 483.400 to 483.480
- The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree

State:

- Iowa Code, Chapters 222 and 135C
- Iowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.